

WELLNESS CENTRE

TREATMENTS

NATURAL HEALTH.
BEAUTY.
WELLBEING.

TRATAMIENTOS

CENTRO DE BIENESTAR.
SALUD Y
BELLEZA NATURAL.

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WWW.AZULWELLNESS.ES

HEALTH - BEAUTY - WELLBEING

Take a moment to relax and treat yourself with our bespoke holistic treatments to soothe mind body and soul.

***Top to Toe deluxe – Rebalancing**

The ultimate pamper for overall wellbeing. This luxurious, head to toe massage helps accumulated stress to melt away and body to rebalance. This deeply relaxing treatment includes a soothing head massage with warm coconut oil and rebalancing foot massage.

Enhanced with a selection of 100% organic Aroms essential oil blends, it is excellent for burnout, mental / emotional wellbeing, anxiety, stress, or just as a treat!

1hr 15mins - 75€

***Clear head – Mental strain / stress**

This deeply relaxing head soother treatment concentrates on upper back, neck, shoulders, arms, face and scalp. Head massages traditionally help to switch off the mind, ease mental strain, help with neck ache, tension headaches, anxiety, stress and as an aid for restful sleep. Perfect for promoting an overall sense of calm. Treatment includes use of warm coconut oil to help de-stress and promote wellbeing.

45mins – 40€

***Chocolate therapy foot pamper – Indulge**

Pampering your feet has many benefits for overall health and wellbeing. Cacao therapy not only helps to nourish and beautify dry, cracked or tired feet, it also helps relax and unwind from accumulated tension. Particularly beneficial for people that are on their feet all day, or for those who simply wish to 'switch off'. Treatment includes aromatic cacao foot soak, softening lava foot scrub, nourishing cacao foot wrap and luxury foot massage, enhanced with organic Aroms Natur specialised foot products and oils. An indulging treat for both yourself and your feet.

50mins – 45€

***Aroma tired legs and feet - Circulation**

This circulatory massage treatment helps to refresh tired, heavy legs and achy feet. Enhanced with organic Aroms essential oil blend of cypress, rosemary, lavender, thyme and peppermint and use of pressure points to soothe and help relieve discomfort.

30mins - 35€



NATURAL BEAUTY

Organic facials to soothe, rejuvenate and beautify

Our 100% natural organic facials are designed to brighten the complexion, remove toxins, refresh tired skin and increase hydration. We use high end Aroms Natur certified products for your skin type, to help restore your natural beauty.

***Mini Facial – Refresh tired skin**

This mini boost helps to illuminate dull skin and increase hydration. Treatment includes a chamomile cleanse, gentle exfoliation to remove toxins, relaxing apricot oil facial massage to soothe, and a luxury hydrating tissue mask selected for your particular skin type. A calming, relaxing and beautifying experience.

30mins – 35€

***Deluxe facial – Stressed skin, facial tension**

This deeply relaxing face treatment is enhanced with an added luxurious hand, arm, neck, head and face massage for extra pampering. Helps to soften expression lines, reduce facial tension, restore and rebalance skin back to its natural beauty. Treatment also includes a chamomile cleanse, gentle exfoliation to remove toxins, relaxing apricot oil facial massage to soothe and a luxury hydrating tissue mask selected for your particular skin type.

50mins – 50€

Gift vouchers available