

Sun Bean
Pool Bar Menu
Available from 9am-12pm

Warm Croissant with Butter & Jam 2,00€

Cheese & Ham Croissant 3,00€

Homemade Scotch Pancakes with:

Butter & Jam 3,90€

Fresh fruit & syrup 5,90€

Chocolate & hazelnut spread 4,90€

Scrambled eggs and bacon 6,90€

Homemade Banana Bread 3,00€

Toast x 2, served with Butter and Jam 3,00€

Toast & Beans 3,90€

Toast & Fried Eggs 4,50€

Toast & Scrambled Eggs 4,90€

English Breakfast 4,90€

Sausage, bacon, fried egg, beans & buttered toast

English Belly Buster 7,90€

Sausage, 2 bacon, 2 fried eggs, beans, tomato, mushrooms, hash brown & buttered toast

Scottish Breakfast 4,90€

Square sausage, bacon, fried egg, beans & buttered toast

Scottish Belly Buster 7,90€

Square Sausage, 2 bacon, 2 fried eggs, tomato, mushrooms, potato scone, black pudding, beans & buttered toast

Vegetarian Breakfast 7,90€

Vegan Sausage, 2 fried eggs, hash browns, mushrooms, beans & buttered toast

Extras

Vegan Sausage, Link Sausage, Square Sausage, Black Pudding, Bacon,
Potato Scone, Hash Brown or Grilled Mushrooms 1€ each

Fried Egg, Beans; Grilled Tomato or slice of Toast 1€ each

Healthy Options

Fresh Fruit Salad Bowl 5,90€

Granola Bowl 6,90€

Granola, Greek Yoghurt, Fresh Fruit & Honey

Poached Eggs on Toast 4,90€

Poached Eggs & Smoked Salmon On Toast 6,90€

Avocado Toast & Crushed Tomatoes 6,90€

French Omelette 3,50€

Add cheese, onions or tomato +0,75€ or

Add ham or mushrooms +1€ All omelettes are served with a salad garnish

Sun Bean

Available from 9am-12pm and from 15pm-18pm

Sandwiches & Baguettes

Cheese or Ham Toastie 3,50€

Add tomato or onions

Cheese & Ham Toastie 3,90€

Toasted buttered slices with a cheese and ham centre

Bacon or Sausage Sandwich 3,90€

Tuna Melt 4,90€

Tuna, mayo and melted cheese on toasted bread

Chicken Baguette 5,50€

Shredded roast chicken and mayo, crispy lettuce and sliced tomatoes

Goats Cheese Baguette 5,90€

Grilled Canarian goats cheese and cherry tomatoes on a warm baguette

Serrano Baguette 5,90€

Finely sliced serrano ham, finely sliced tomatoes, extra virgin olive oil and oregano

All Day Breakfast Bap 5,90€

Link sausage, bacon and fried egg on a buttered roll with a side of beans

Triple Decker BLT 6,90€

Smoky bacon, crispy lettuce and sliced tomatoes

Triple Decker Club 6,90€

Shredded roast chicken in mayo with crispy bacon, lettuce and tomatoes

Steak Baguette 8,90€

Beef fillet, caramelized onions, crispy lettuce, red peppers and mustard mayo

*Wholemeal bread available*Gluten Free Bread +1€

**If you wish to change your sandwich to a baguette + 1€

Breads & Sides

Bread Roll & Butter 1,50€

Garlic Bread with Tomato & Serrano Ham 7,00€

Bread Roll & Mojos 3,00€

Homemade hand cut chips 4,50€

Bread Roll & Alioli 3,00€

Cheesy hand cut chips 5,50€

Garlic Bread 3,00€

Canarian potatoes with Mojo sauces 6,00€

Garlic Bread & Tomato 5,00€

Hand cut chips & Curry sauce 5,50€

Sun Bean

Available from 12pm-15pm

Salads

Chicken Caesar 11€

Grilled chicken breast, crispy bacon, lettuce, croutons, parmesan cheese and Caesar dressing

Tuna Salad 11€

Tuna, red onion, lettuce, tomatoes, green olives, sweetcorn and red peppers

Goats Cheese Salad 10€

Lettuce, tomatoes, Canarian smoked goats cheese, walnuts with a honey & lemon vinaigrette

Smoked Salmon Salad 13€

Lettuce, tomatoes, smoked salmon, avocado and lemon vinaigrette

Tomato & Avocado Salad 12€

Sliced beef tomatoes & fresh avocado

Meat Dishes

Grilled Chicken 10€

Grilled chicken breast, with homemade hand cut chips and salad

Chicken Escalope 10€

Breaded chicken breast served with homemade hand cut chips and salad

Burgers & Fajitas

Chicken Fajitas 14,50€

Marinated breast of chicken strips with roasted vegetables, tortilla wraps and sauces

Vegetable Fajitas 12,50€

Roasted seasonal vegetables served with tortilla wraps and sauces

Beef Fajitas 15,50€

Marinated beef strips and roasted vegetables served with tortilla wraps and sauces

Sun Bean Burger 12€

200g of 100 % steak beef burger with crispy lettuce, smoky bacon, melted cheese and caramelized onions

served with hand cut chips and salad.

Veggie Burger 12€

Cumin & coriander marinated chickpea burger with roasted vegetables and melted cheese with salad and hand cut chips

Chicken Burger 12€

Lightly battered breast of chicken fillet, with lettuce, tomato, cheese and crispy bacon served with hand cut chip.

Sun Bean

Available from 12pm-15pm

Pastas

Spaghetti Bolognese 9,00€

Penne Pesto 8,00€

Add Chicken +2€

Beef Lasagne 10€
Traditional Italian Recipe

Vegetable Lasagne 10€
Aubergines layered with a homemade tomato sauce and béchamel

Pastas

Margherita 8€
Homemade tomato and basil sauce with fresh mozzarella

Tropical 9,50€
With ham and pineapple

Four Seasons 10,90€
Ham, mushrooms, onions & red peppers

Canarian Hot 10,50€
Pepperoni, peppers, onions & tabasco

Veggie 9,50€
Onions, peppers & sweetcorn

Tonno 9,90€
Tuna and onion

Four Cheese 12€
Mozzarella, Goats Cheese, Gouda & Cheddar

Sun Bean 12€
Cajun chicken, sweetcorn, red peppers and red onions

Add additional toppings
Peppers, onions, pineapple or sweetcorn + 0,50€ each
Cajun chicken, mushrooms, pepperoni, tuna or olives +1€ each